

CHILDREN'S MENTAL HEALTH WEEK 2025

Explore and Connect

Come and visit the libraries across Northamptonshire to find out about local services and take part in a range of activities!

Wellingborough Library

Monday 17th February 2025
1.30pm - 4.00pm

Come along to explore and meet local services and get involved with lots of activities throughout the day: Compound Wellingborough, MiniMe Mindfulness & Mindset, NTFC, Northampton Saints and the Active Communities & Active Families team

Book here for the parent and child
MiniMe Mindfulness & Mindset activities:
<https://minime-mindfulness-kim.classforkids.io>

Times: 2 - 2.30pm (3 - 5 yrs) and 3 - 3.30pm (5-11yrs)

Crafts and fun with Wellingborough Library

Looking forward to seeing you there!



SCAN ME

