

Our Lady's Catholic Primary School

March 2025 - Issue 9



In Support of CAFOD this Lent, we are taking part in a Big Lent Walk on Tuesday 1st April.

Mr Bonner, our School Chaplain has organised for everyone to walk the grounds of the school at

least once. It is his hope that we will all make a donation of £1 to support the work of CAFOD. We are joining thousands of walkers from England, Wales, Scotland and beyond, trying to fight global poverty. Many parishes and schools have already taken part and to date £59,391 has been raised!



A Word from
Pope Francis

"Lent is a 'powerful' season, a turning point that can foster change in each of us. Let us deny ourselves something every day to help others."

WE ARE PILGRIMS OF HOPE
working together to build a better world



CAFOD
Catholic Agency for
Overseas Development



caritas
KOLA BOKSI NETWORK

Diary Dates



Tuesday 25th March

Year 5 Trip to Sulgrave Manor

Tuesday 25th March

Lent Food Bank Appeal ends today.

Thursday 27th March

Year 2 Trip to Barnwell Country Park

Monday 31st March

Learning Conferences 3.30pm to 6pm

Thursday 3rd April

Learning Conferences 3.30pm to 6pm

Friday 4th April- 9.15am- 10.15am

Chatterbox with the School Nursing Team

Friday 4th April

End of term 4

Tuesday 22nd April

Start of term 5

Tuesday 22nd April - 9.30am

Whole School Easter Mass - Parents welcome

Monday 5th May

Bank Holiday

Friday 23rd May

End of term 5

Monday 2nd June

Training Day



Lenten Prayer

Loving God,

Help us to work together

to share what we have

so that everyone

has what they need.

Help us to build a better world

where each of us can become

the best person we can be.

Amen



Attendance

Whole school 93.22%

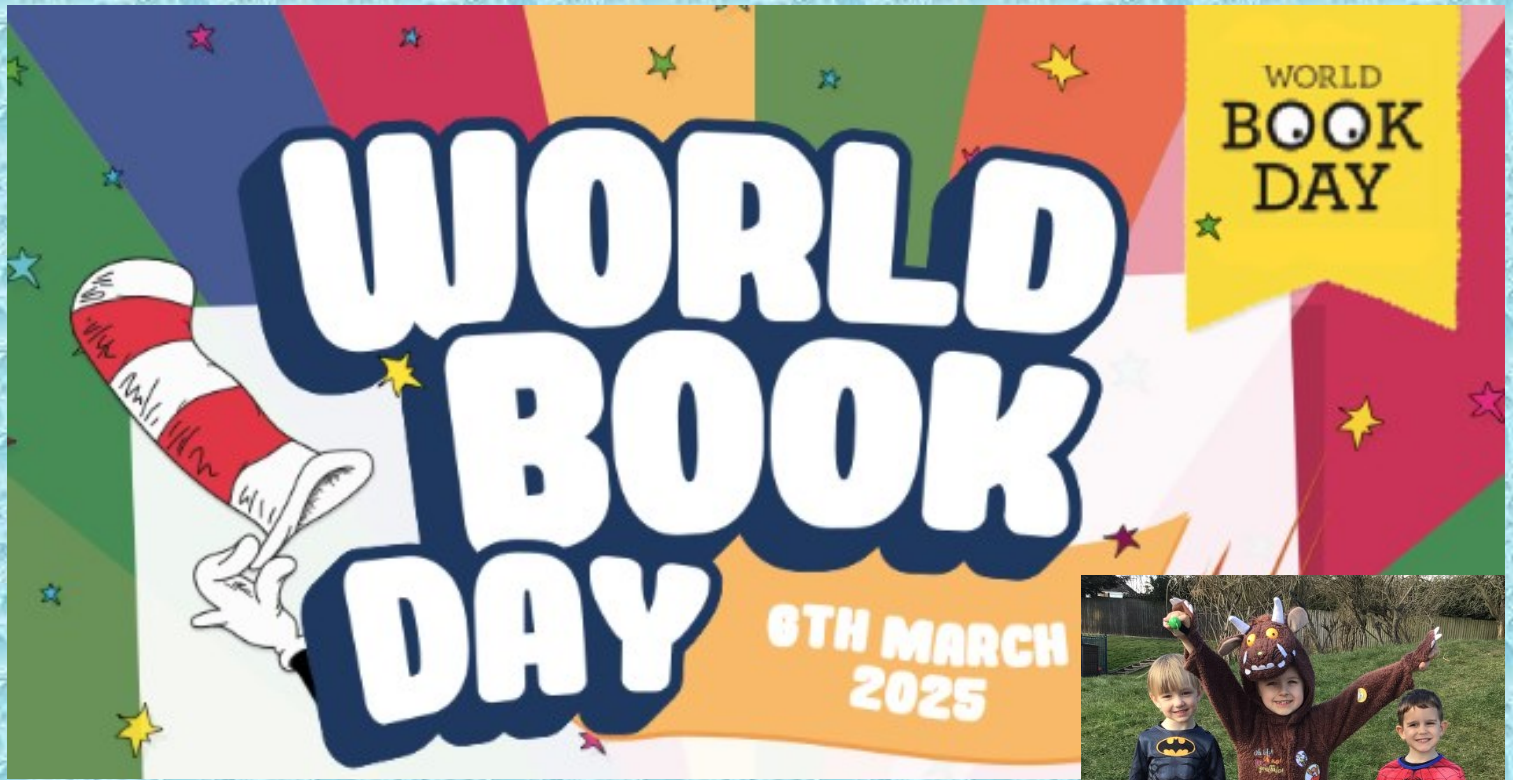
Top attendance goes to:

1st: Classes 5 & 6

2nd: Class 1

3rd: Class 14

It is a legal requirement for your children to be in school every day.



The children were sparkling with their books on world book day, happily sharing their favourite stories, facts and characters. We all celebrated the love of reading.



Did you know that pharmacies can now offer clinical appointments with medication available if required for four clinical conditions particularly relevant to school age children?



IMPORTANT REMINDER



Children in Year 6, 3 and EYFS will be bringing home their

- **Data Collection Sheet and**
- **Home School Agreement**

next week. Year 1, 2, 4 and 5 have already brought theirs home. Please remember to **check, sign and return these both by the last week of term.** All of the children's data needs confirming for the school census. If the Home School Agreement is not signed and returned, your child will not be able to access school IT systems.

. High Priority .



- ✓ • **Earache** (children aged 1-17)
- ✓ • **Sore throat** (over 5s)
- ✓ • **Infected insect bites** (over 1s)
- ✓ • **Impetigo** (over 1s)

Think 'Pharmacy First'

GP practices are busy and it can be difficult to get a same-day GP appointment. When your child is off sick from school with any of the above conditions, by going straight to your local pharmacy you can have a consultation with a trained clinical professional and receive advice and even medication if it is needed, meaning they could be on the road to recovery and back at school as soon as possible.



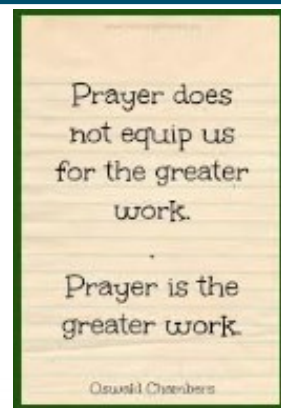
For more information, speak with your local community pharmacy.
To find your nearest pharmacy, see: <https://www.nhs.uk/service-search/pharmacy/find-a-pharmacy>.
Or scan the QR code:



Learning Conferences (Parents evenings)

are coming up at the end of this term. Parents and carers please **book a slot on the MCAS app.**

Monday 31st March or
Thursday 3rd April
from 3.30pm to 6pm.



Let's Get Active- *March*



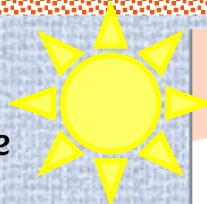
1 Go for a fun run with friends in the park.	2 Stand up at a desk or table when you do your homework.	3 Exercise with your friends at lunch time.	4 Help carry the basket and bags when you go shopping.	5 Take your dog for a walk or offer to take a neighbours/ friends.	6 Bend down to touch your toes and hang for 20 seconds.	7 Walk around when you are on your phone or iPad.	8 Use a skipping rope!
9 Take the stairs instead of using a lift wherever you go.	10 Host your own sports day in the garden or at the park.	11 Go exploring using a map and sign posts- no phones!	12 Wash a family member or friends car.	13 Watch an online yoga tutorial and join in.	14 Line up some tunes and dance like no one's watching!	15 Go to a local pool for a swim with family or friends.	16 Copy your favourite stars by learning Tik Tok dances.
17 Park a healthy distance from your destination to get those extra steps in.	18 Go to a local park and fly a kite!	19 Do 30 minutes of exercise- your choice.	20 Do 20 sit ups by the end of the day.	21 See how many press ups you can do during the TV adverts.	22 Meet up with some of your friends and go for a walk.	23 Get yourself an exercise buddy and do a workout together.	24 Help in the kitchen by whisking, mixing, peeling or chopping.
25 Walk, skate or cycle instead of going out in the car.	26 Find your green fingers and do some gardening.	27 Have a stretch first thing in the morning when you get out of bed.	28 Help out with the housework- put the Hoover round or clean your bedroom!	29 Go up and down a set of stairs twice.	30 Try out a new sport.	31 See how long you can balance on one leg.	



Come and say hello...

If you have the opportunity one Friday morning, pop along to Chatterbox. We have different parents and organisations visiting us each week. Everyone is welcome to join Miss Gurney or Mrs Steventon for an informal chat or to meet our visitors. Sign in at Key Stage 1 office at 9.15am to 10.15am.

We look forward to different sessions and all parents/carers are welcome to drop in to a suitable support group.



Positive Parenting Support

CHATTERBOX

Friday 4th April 09:15 - 10:15

We will be joined by the School Nursing team!

Continence. Eating. Emotional well-being.
Hearing. Relationships. Sleep. Toilet training.
Weight management

COMMUNITY HEALTHCARE SERVICES - CHILDREN'S
0-19 Universal Children's Services

We look after children and their families between the ages of 0-19 in Northamptonshire.

