

Stay Connected Locality Newsletter

October 2022



This newsletter focuses on the work of partner agencies, the voluntary sector and social enterprises which support children, young people, and families.

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Countywide

Are you are parent or carer of a child or young person with special educational needs and or/disabilities (SEND)?

Come along to one of our friendly local events and meet the SEND team

Corby: Enterprise Centre: Wednesday 9 November 2022 (10am-12 noon)

Rushden Hall: Thursday 10 November 2022 (10am-12 noon)

Kettering Cornmarket: Wednesday 16th November 2022 (10am-12noon)

The Castle Theatre, Wellingborough: Thursday 17 November 2022 (10am-12noon)

For more information and to book tickets please visit [IASS Northants, NPFG, Local Offer Events | Eventbrite](#)

We Need Your Voice - Children and Young People's Mental Health and Primary Care Integration

Are you a parent, carer or a supporter of a young person who has accessed the GP or mental health services?

We are looking for parents, carers, and supporters to help design a new and efficient way for children and young people that ask for mental health advice, guidance and help to ensure that they get the resources they need and when they need it.

Join us online on 11th October 6pm- 7pm email Participation@nhft.nhs.uk

Some young people and carers described their experience of trying to access emotional support or mental health services. It took too long to see the GP. Sometimes the GP didn't know what was available. Sometimes the GP did referrals but didn't give any MH first aid. We explored what an additional model might be that meets the needs of children, young people and families asking for emotional wellbeing or mental health support at the right time, in the right place and with the right information.

What would something different look like? A fast-track service that can give us some helpful advice, techniques and if needed refer to the right services. Same day if possible. A nurse or other professional with the right knowledge. More than 10 minutes maybe 30 minutes. Same service to check on me/my child after they have been discharged.

Where would help be? It's less about the environment and more about accessibility. Either in person, phone, or video call. A brochure that explains what help is available. This could be a set of slides or videos that explains services or resources. At the doctors or remotely.



My First Great Job Free Webinars

My Great First Job's Autumn Series of FREE careers webinars are all organised and bookings are open NOW!

So far in 2022 over 1500 young people/parents/educators have joined us for the evening webinars...and the sessions have had great feedback!

Wherever possible we have a young person on as a guest speaker to share their experiences and their career journey. Parents and young people can also book directly by visiting [Career Webinars - Autumn Series | Eventbrite](#)

18th October - Personal Branding for Students

8th November - How to Smash Your Interview

22nd November - LinkedIn for Students

6th December - Huh! What's a Cover Letter?

For more information on My Great First Job please visit [Home | My Great First Job](#)

Family Learning

Courses to support your school and pre-school families: Free and fully funded for your school and your school families.

Courses can be held in your school or online and include:

- 123 Magic
- Supporting your child's learning in English, Maths, and IT
- Family resilience and Family finances
- Healthy budget cooking
- Seasonal craft activities

[Visit our courses information webpage](#) please visit getgoing.nccadultlearning.ac.uk/more-courses

Family Learning Christmas on a Budget

Learn great ideas to save money at Christmas

Start Date: 03 November 2022, Start Time: 10:00

On a Thursday Morning for 6 sessions each being 1½ hours These sessions are being held virtually

To book please visit [Northamptonshire Adult Learning AZY4TA12 Christmas On A Budget For Families \(northantsglobal.net\)](https://northantsglobal.net/northamptonshire-adult-learning-azy4ta12-christmas-on-a-budget-for-families)

Terry Arnold Memorial Lecture

Join us on Thursday, 13th October 2022 for this year's memorial lecture. 19:30 – 21:30 at Northampton High School, Hardingstone, Northampton, NN4 6UU

This event is an opportunity for people living with autism, professionals and those interested in better understanding the condition, to come together. This year we welcome Matthew Hardie as our keynote speaker, with "Defying the odds with Autism".

After being diagnosed with Asperger's Syndrome at the age of four, Matthew was predicted to have little chance of succeeding academically. Having overcome a lot of obstacles in his life, Matthew would like to share his story on how he lived with Autism.

Terry Arnold, known as "the expert always called on for help", was Northamptonshire's leading educational psychologist for autism in the late 1980s through to the year 2000. This was a time when the need for a service for autistic people was first being identified and, together with his wife Eileen, Terry nurtured links with the University of North Carolina, world leaders in the field of autism.

Terry led on the development of 'co-ordinating services' for autism and introduced new programmes which continue to benefit the people of Northamptonshire today.

For more information and to book tickets please visit [Terry Arnold Memorial Lecture 2022 Tickets, Thu 13 Oct 2022 at 19:30 | Eventbrite](https://www.eventbrite.co.uk/e/terry-arnold-memorial-lecture-2022-tickets-444444444444)



Family Support Link Awareness Sessions

Family Support Link would like to invite you to our Awareness Session to give us the opportunity to share how we can help you support the families you work with that are affected by substance misuse. We will be talking about the support we offer across Northamptonshire and our new projects Parents Under Pressure and Moving Parents & Children Together which includes working with the whole family unit inclusive of the substance user.

All these sessions will be held via zoom

11th October 10.00am to book please visit [Family Support Link Awareness Session Tickets, Tue 11 Oct 2022 at 10:00 | Eventbrite](#)

18th October 10.00am to book please visit [Family Support Link Awareness Session Tickets, Tue 18 Oct 2022 at 10:00 | Eventbrite](#)

25th October 10.00am to book please visit [Family Support Link Awareness Session Tickets, Tue 25 Oct 2022 at 10:00 | Eventbrite](#)



NREC Community Hate Incident Network

This In Person meeting is for people who experience Hate Crimes & Incidents and those that support them. If someone talks to you about hate that they have experienced in their neighbourhood or on public transport or anywhere else, would you know what to do?

Being held at Victoria Centre 46-50 Palk Road Wellingborough NN8 1HR

Do you know if you should report this? Do you know where to report this?

Book on to this free session to find out more. Caribbean Buffet. Booking essential!

To book please visit [NREC Hate Crime Training Tickets, Fri 14 Oct 2022 at 13:00 | Eventbrite](#)



Strong Start Bumps and Babies groups throughout the County

The Strong Start Team are running pregnancy and new baby groups throughout the county. These groups are for mums and families who are 28 weeks gestation up to when your baby is 6 months old. There are groups running in Wellingborough, Rushden, Oundle, Towcester and Northampton (Thorplands)

To find out more and to book a space please visit [Strong Start Team Events | Eventbrite](#)

For more information on the Strong Start team and how they support families with under-fives please visit [Strong Start Team](#)

Strong Start Free Trial of Reuseable Nappies

Are you thinking of using reusable nappies when your baby is born. We now offer a free nappy loan service available for you. You can borrow a sample pack of reusable nappies for 6 weeks. Each pack contains 18 new-born nappies from 3 different manufacturers, a roll of liners and a washable storage bag.

The nappies are newborn size suitable for a baby 5-13lbs in weight.

The nappies will arrive at the library of your choice within 10 working days and the library will contact you when they are ready to collect. Alternatively, you can book on to your nearest Strong Start bumps and babies group and collect them there.

For families in North Northamptonshire for more information on this service, including terms and conditions and to make a request please visit [Strong Start - Real nappies loan scheme | North Northamptonshire Council \(northnorthants.gov.uk\)](https://www.northnorthants.gov.uk/strongstart)

For Families in West Northamptonshire for more information on this service, including terms and conditions and to make a request please visit [Strong Start - Real nappies loan scheme | West Northamptonshire Council \(westnorthants.gov.uk\)](https://www.westnorthants.gov.uk/strongstart)

Email: strongstartteam@westnorthants.gov.uk

Phone: [07880 136070](tel:07880136070) (9am to 5pm, Monday to Friday)



Hope for Families – parenting courses this autumn

Please be aware that if you want to book for the Handling Anger in the Family course, this is an extremely popular course, and we advise you to book your place ASAP to avoid disappointment. All these courses and events can be viewed on our website by visiting [Hope For Families](https://www.hopeforfamilies.org.uk) and will be held online via Zoom.

Handling Anger in the Family (Daytime)

This 4-session course focuses on how you and your child can understand and manage anger in a safe and healthy way.

Date and time: Thursday afternoons 12:30-2:30pm, 3rd November - 24th November

Cost: £12.50 per household including accompanying parent handbook (RRP. £9.99), additional resources and goodies. Bursary places are available for parents who qualify (providing a 50% discount on registration).

To book please visit [Handling Anger in the Family Registration, Thu 3 Nov 2022 at 12:30 | Eventbrite](https://www.eventbrite.co.uk/e/handling-anger-in-the-family-registration-tickets-28545552000)

Left to Their Own Devices

This 2-hour session is designed to help parents and carers to safely navigate the online world with their children. This session is mainly aimed at parents of primary aged children.

Date and time: Tuesday 8th November, 7:00-9:00pm

Cost: £10 per household including session notes, additional resources, and goodies. Bursary places are available for parents who qualify (providing a 50% discount on registration).

To book please visit [Left to their Own Devices Tickets, Tue 8 Nov 2022 at 19:00 | Eventbrite](#)

Northants FA Inclusion Festival

November 19th 12pm-4pm

Wellingborough Old Grammarians, Sywell Road, Wellingborough, NN8 6BS

5a side competition. Fun activity stations. Our mascot Falcon Frankie. Give aways. Refreshments.

For more information please email: Keegan.barstow@northamptonshire

Northamptonshire Bike Park

Mountain bike enthusiasts of all ages and abilities will be able to enjoy Northampton's brand-new bike park which opened on Monday 26th September.

The new facility offers: A multi-user green trail, which is an easy, dual-direction cycle route across the site, connecting Houghton Hill to the underpass for the A45. It is **Free to use** but parking charges do apply. It is based at Eagle Drive, Northampton, United Kingdom

Blue (moderate), red (difficult) and black (severe) off-road mountain bike trails for different abilities with dual tracks which will allow head-to-head riding

Five gathering spots where riders can meet to discuss the next section of track, and coaching can be provided. Climb sections – which are uphill sections to test endurance. A mountain bike skills area. 13 hectares of ecological habitats

For information, please visit [Northampton Bike Park | Mountain Bike Park Northampton](#)

For any queries, please contact info@northamptonbikepark.org or Telephone: 01604 389005

The Bike Park welcomes visitors from sunrise to sunset (daylight hours only) but please note the car park does close, the time depends on the season, you can find details on the signs as you enter the car park.

South Northants and Daventry

Daventry Out There Group for LGBTQ+ young people aged 13- 18

When: Thursdays, starts 3rd November (term time only)

Where The Mind Building, Old Gas works Car Park, Brook Street, Daventry, NN11 9YB

Time 6:30pm to 8pm Call 07507 716106 for more info

Wanted staff and volunteers. Contact us for more info www.thelowdown.info

Free Electric Blanket Testing

Age UK Northamptonshire are offering free testing of electric blankets at The Abbey in Daventry on Monday 17 October between 10.30am – 12.30pm.



South Northants Youth Engagement (SNYE) Multi Sports Project

All Free, play a different sport every week and meet friends, get fit and have fun. Drop in and bring a friend 14-16 year olds.

Tuesday 11th October Dodgeball Session Towcester Leisure Centre Time: 3:30- 4:30pm

Tuesday 18th October Spin Session Towcester Leisure Centre Time 3:30-4:30pm

Tuesday 25th October Half Term

Please contact Sophie to find out more or book: Sophiebennett@youth-engagement.co.uk

SNYE Year 5 & 6 Youth club

The Year 5 & 6 Youth Club is on Tuesdays at Southfield Primary Academy, Brackley from 6.30pm - 7.30pm. It's £1 entry and there are still places available. Please email sophiebennett@youth-engagement.co.uk to book a place.

For more information, please visit [SNYE Year 5 & 6 Youth club](#)

Strong Start

Introducing Solids workshop – Strong Start

We are trialling an Introducing Solids Workshop. This 90-minute session will cover the key aspects of introducing solids such as signs of readiness, safety, and meal ideas.

This first session will take place on Tuesday 18 October 10-11:30 at Daventry Children's Centre.

To book please visit [Daventry Introducing Solids Registration, Tue 18 Oct 2022 at 10:00 | Eventbrite](#)

Daventry Sing and Story with me – Strong Start

Tuesday, 11 October 2022, 10:00 – 11:00 BST Daventry Children's Centre Staverton Road Daventry NN11 4EY

A session of singing new and traditional songs themed around a story. Find out how you can support your child's language development at home. You will be able to meet other families and socialise. This session is suitable for babies and children under 5.

During the session there will be an opportunity for you to talk with our qualified Early Years professionals about development and wellbeing topics, ask questions and share any concerns or worries you have about your child or your own wellbeing.

Day: Tuesday, Time: 10am - 11am, Session Date: 11th October 2022 (One week only)

Can I bring my older children along with me? This session is for children under 5 only. We cannot accommodate children over 5. Will my child be expected to sit still? No, this is a relaxed session where children will have the opportunity to dance and move.

To book please visit [Daventry Sing and Story with Me 11th October Registration, Tue 11 Oct 2022 at 10:00 | Eventbrite](#)

Towcester Sing and Story with me – Strong Start

On Monday 17th October from 10.00am-11.00am at Action for Children Towcester Sure Start Islington Road Towcester NN12 6AU

A session of singing new and traditional songs themed around a story. Find out how you can support your child's language development at home. You will be able to meet other families and socialise. This session is suitable for babies and children under 5.

After the session there will be an opportunity for you to talk with our qualified Early Years professionals about development and wellbeing topics, ask questions and share any concerns or worries you have about your child or your own wellbeing.

Day: Monday. Time: 10am - 11am. Session Date: 17th October 2022 (One week only)

Can I bring my older children along with me? This session is for children under 5 only. We cannot accommodate children over 5.

Will my child be expected to sit still? No, this is a relaxed session where children will have the opportunity to dance and move.

To book please visit [Towcester Sing and Story with Me 17th October Registration, Mon 17 Oct 2022 at 10:00 | Eventbrite](#)

October Musical Theatre Workshop

Join iSing iDance iAct Theatre School for two days of musical theatre fun. On Monday 24th and Tuesday 25th October at Bracken Leas School, Brackley 10am- 3.30pm. For ages 6-17

For any queries and more information and to book please email iSDATheatreSchool@hotmail.com

You can find more about us by visiting [iSDA Theatre School | Facebook](#) or [Classes | Ising Idance Iact Theatre School | Brackley \(scathrine2.wixsite.com\)](#)

Northampton

Duston Youth Club at Duston Sports Centre

Funded by Duston Parish Council, we are delighted to be able to offer a **Free weekly club** for children and young people who live in the Parish of Duston, every Monday (term time only) at Duston Sports Centre. The Youth Club is delivered in 2 sessions.

Session 1: 5pm-6pm for ages 10-13

Session 2: 6pm-7pm for ages 14-16

Delivered by our qualified Staff and coaches, children and young people will have the opportunity to take part in organised sports, games, and craft activities. Although we have a planned programme of activities, we will continually work with the group to make sure that the youth club provides what attendees want and expect.

Bookings can be made online via our online booking portal by visiting [Trilogy Leisure Northampton | Online Booking](#) up to 8 days in advance of the session. Alternatively, you can call our customer services team on 01604 838333 or visit the team at Duston Sports Centre.

Please note these sessions are only available for children and young people residing within the Duston Parish. You will be asked to supply an eligible postcode to attend. To check if you live within the parish of Duston please visit [Duston postcode map.pdf \(trilogyleisure.co.uk\)](#) to see the map of the area and qualifying post codes.

Halloween Party at the Doddridge Centre

We are hosting a Halloween Party for children aged between 5 and 10 years at the Doddridge Centre on Saturday 29th October 1pm to 4pm

We will have a disco, party games, fun and food. We can't wait to see your spooky outfits!!

Cost is £1.50 per child. To purchase tickets please visit [Children's Halloween Party Tickets, Sat 29 Oct 2022 at 13:00 | Eventbrite](#)

For more information contact info@doddridgecentre.org.uk or call 01604 586384

Self Defense Sessions for Females Aged 12 years +

For females aged 12+ on Saturdays 1pm- 2pm

Venue: Frank Bruno Foundation Centre, Walledwell Court, Northampton, NN3 9TW

Childcare Facilities Available

Learn self-defence techniques. Improve fitness. Improve confidence. £1 per session for more info: Telephone 07932 519532/07706 221460

These sessions are being organised by the United African Association and more information on this project and the organisation please visit [United African Association \(UAA\) – Advising, Supporting, Advocating for and Representing the African community in Northamptonshire \(uaassociation.org\)](#)



The Cube/Disability Mini Sensory and Dance classes

Cube Disability are super excited to be launching this fun and inclusive sensory class for children aged 2 to 5 years old with a learning disability.

At Clarke Road, Northampton, NN1 4PW. Every Saturday from 9.00am - 9.45am. Cost is £5 per sessions

This class will focus on Music Therapy, Sensory Play and Dance and will encourage sensory stimulation and engagement which is brilliant for brain and memory development.

Please email to enquire and book your free taster session cubekids@thecubedisability.co.uk

In addition, we are excited to announce we shall be launching Cube Kids Sports from 13th November 2022 at Benham Sports Centre.

We shall be providing multi-sports sessions every Saturday morning from 10am–11am for children aged 5-12 years and 11-12pm for children aged 13-17 years.

Our sports sessions are inclusive to children with a disability and their siblings. To enquire further or book please email Matt at sports@thecubedisability.co.uk

For more information, please visit [The Cube Disability Kids - The Cube Disability](#)

Park Avenue Methodist Church Toddlers' group

Park Avenue Methodist Church, Park Avenue North, Northampton, NN3 2HT. Our popular Toddlers' group is open again on Thursdays from 1.15pm to 3.00pm (during term time).

All pre-school children and their carers always welcome. Free and easy meetings for carers to get together, to chat, relax and to provide an opportunity for your youngsters to mix. Only £1 for a family.

For more information, please contact Ruth on 01604 633436



Free to Talk Youth Club Sessions

Northampton Youth Clubs organised by Free2talk. **Free entry, every week**

Bellinge: Monday Age 8-11 4.30pm- 6pm Young Leaders Broadcasting Club 6.30pm- 8pm

Location: Bellinge Community Centre NN3 9AQ

Blackthorn: Tuesday Age 8-11 4.30pm-6pm Age 12+ 6.30pm-8pm

Location: Blackthorn Community Centre NN3 8QD

Kingsheath: Wednesday Age 8-11 4.30pm-6pm age 12+ 6.30pm-8pm

Location: Free2TalkCIC Our living room, Park Square, NN5 7LQ

For more information, please visit [Free2Talk CIC | Youth & Community Organisation | Northamptonshire](#) and to contact us please email enquiries@free2talkcic.org

Women's Wellbeing

Mondays at Brookside Hub (Brookside Community Hub. Billing Brook Road, Northampton, NN3 8NP) between 1pm and 3pm

Relaxation techniques. Healthier living. Friendly Chat. Free Tea and Coffee.

For more information contact 01604 411166 or go onto our Facebook page by visiting [Growing Together Northampton | Facebook](#)

SEND Tots

Every Tuesday 10 – 11:30 at Blackthorn community Centre Longmead Ct, Northampton NN3 8QD Term-Time only.

Arts and crafts activities. We welcome 0-5's with SEND with SEND with their parents/carers. Sensory activities. Donations are welcome to cover costs.

For more information ring 01604 411166 or find us on Facebook at Growing Together Northampton by visiting [Growing Together Northampton | Facebook](#)



Community Spaces Events

Briar Hill Community Hub – meet and connect

Free refreshments and homemade cakes. Advice, guidance, and support. Meet others in your community. Free stay and play for under 5's

Every Wednesday 12-2pm Briar Hill Community Centre, The Springs, Northampton, NN4 8SX

Lodge Farm Community Hub – meet and connect

Free refreshments and homemade cakes. Advice, guidance, and support. Meet others in your community. Free stay and play for under 5's

Every Thursday 12-2pm Lodge Farm Community Centre Coffee Bar, Lodge Farm Community Centre, Crestwood Road, NN3 8JJ.



Sport4Fitness CIC

Halloween Fun with Sports for Fitness

Abracadabra Abracasen

At Fernie Fields Sports Club, Moulton, Northampton, NN3 7BD on Sat 29th October 2022 from 4.00-6.00pm. For children with disabilities and additional needs and their families/carers.

Goredy the ghost is looking for a best friend, he goes to Wanda witch to help him. Can you help Goredy, and Wanda find all the ingredients for a friendship potion? Join us on our Sensory story adventure.

£4 per child Parents and Carers go free.

To book please visit [ABRACADABRA ABRACASEN at Fernie Fields Sports Club event tickets from TicketSource](#)

Halloween Trail

At The Avery Pavilion, Fernie Field, Moulton, Northampton, NN3 7BD on Wednesday 26th October 2022 11.00am-2.00pm £5 per family

Fancy Dress (optional), spooky music, scavenger hunt. Hot and cold drinks available

To book please visit [Halloween Trail 26th October 2022 \(jumblebee.co.uk\)](https://jumblebee.co.uk) Telephone number: 07491 306630 Email info@sport4fitness-cic.co.uk

Black History Month Event

Black History Month event, family fun and well-being event taking place on 8th October from 3pm at Leicester Street Community Room, NN1 3RS.

Activities include football, crafts, African drumming, sing-along, Black History Month displays, jewellery making, makeup and hair demos and more.....

Come and join us for this **free event**. For more information, please visit [Black History event](#)



Northampton Partnership Homes Residents Training Programme

We're always looking for opportunities to support residents with wellbeing and personal development. Using feedback from involved residents about learning and development and the type of course they would like to see, we've developed a resident training programme.

We've worked with teams at NPH and partner organisations to offer opportunities, which offer courses to:

Learn to cook healthy food from scratch, want to learn basic DIY skills? Improve your confidence doing work around the home? Tell you more about getting involved with NPH; and learn something to help you get back into work.

Some of the courses are delivered online, but we understand that not everyone can access wi-fi or a suitable device. Don't worry, we can help you with that. Just let us know when you're signing up for the course and we will make arrangements for you to join in.

If you'd like to book onto a course or find out more, contact our friendly resident involvement team on 01604 837836 or getinvolved@nph.org.uk. Brochure can be found by visiting [NPH Resident Training Leaflet - compressed.pdf](#)

East Northants

Steelbacks in the Community – Super 1s

Join the Super 1s. Free disability cricket sessions at the Pemberton Centre in Rushden on Friday evenings (6-7pm). Open to any young disabled people (aged 12 to 25).

Super 1s gives young people with a disability aged 12-25 the chance to play regular, competitive cricket. By creating community cricket hubs where young people can receive coaching, we give participants the chance to compete against their peers and enjoy the benefits of playing sport.

For more information please visit [Lord's Taverners - Super 1s \(lordstaverners.org\)](https://lordstaverners.org)



Rush2theDen Groups for Children and Young People with Additional Needs

Our timetable is changing from 1st October to accommodate more time for our children with additional support requirements.

Neons on Wednesday afternoons 1pm-2.30pm. Neons is a group available for young children with disabilities or additional support in getting ready for school, diagnosed or undiagnosed pre-school children with Special Educational Needs.

Freedom - Primary aged children's Youth Club on Thursdays 4.30pm-6pm run by SEN qualified DBS checked Youth Club Leaders who encourage our young people to learn and develop as individuals through play and activities. This has been a very popular group prior to C19 and we are very happy to reinstate this opportunity to our young people.

Freedom Flyers "Figure it out" - Senior aged SEN Youth Club on 1st and 3rd Friday of each month 6.30pm-8.30pm. This is a new group for those who have now moved to senior schools during the covid closure, run by SEN qualified DBS checked leaders who again encourage our young people to learn and develop as individuals through activities designed specifically for those attending.

Rush2theDen can be found at 16 Fitzwilliam Street, Rushden, Northamptonshire NN10 9YW. For more details on these and all the groups that Rush2theDen run please visit [RUSH 2The DEN](#)



Souster Youth - Young People: Emotional Health

We at Souster Youth are hosting a free event covering young people's emotional health on Thursday 20th October from 7.00pm-9.00pm to help all who are raising kids.

Every day we learn a bit more about the impact of COVID-19 on a generation already facing unprecedented mental health challenges. If you're left with big questions, you aren't alone!

What is going on? or what can you do to help your child thrive? Are two great questions which we hope to answer at the evening event. You'll get the latest research and practical tips in this fun and interactive seminar.

To Book onto this event please visit [Young people: Emotional Health Tickets, Thu 20 Oct 2022 at 19:00 | Eventbrite](#) The event is being held at Souster Youth Hub 30 Market Road Thrapston NN14 4JU.

Irthlingborough Festival of Football Holiday Club

24th - 26th October at Huxlow Science College, Irthlingborough, NN9 5TY

10 am - 3pm (extended hours 9.00-16.00 available) Prices from £15 per day. Sibling and block booking discounts available

These football themed holiday clubs are great for those football fanatic children of all abilities aged 4 - 14 years, weather it has been a passion for years or they are just starting out. Our venues offer a mix of indoor and outdoor facilities, so we are suited for all weathers.

Each day promises to bring fun football experiences to boys and girls in a fun, safe and professional environment. Our qualified, DBS checked, and experienced coaches will deliver a variety of fun football games, and individual/team challenges and matches.

Children will need to bring a packed lunch, healthy snack, and plenty of water.

For more information and to book please visit [PR Sports Coaching Ltd \(pembree.co.uk\)](https://pembree.co.uk)

Irthlingborough Festival of Dodgeball Holiday Club

27th & 28th October- Huxlow Science College, Finedon Road, Irthlingborough 10 am - 3pm (9.00am - 4.00pm extended hours are also available) Prices from £15 per day. Sibling and block booking discounts available.

Featuring new and hugely popular Glow in the Dark Dodgeball!!! These Dodgeball themed holiday clubs are great way for children to be active and socialise during the school holidays.

Dodgeball has fast become the most popular sport in schools over recent years. Our Dodgeball holiday clubs allow children to practice, play and learn different games and variations of the game they love.

Fantastic for children of all abilities aged 7 - 14 years, weather it has been a passion for years or they are just starting out.

Children will need to bring a packed lunch, healthy snack, and plenty of water.

For more information and to book please visit [PR Sports Coaching Ltd \(pembree.co.uk\)](https://pembree.co.uk)



Strong Start Baby Massage in Oundle

Developmental Baby Massage is a 4-week programme of 1-hour sessions covering the techniques of developmental baby massage.

Fridays at Oundle Library Children's Centre from 9.30-10.30am. Running from 4th November to 25th November To book and more information please visit [Oundle Developmental Baby Massage Registration, Fri 4 Nov 2022 at 09:30 | Eventbrite](https://www.eventbrite.co.uk/e/strong-start-baby-massage-tickets-28545552007)

What's on at Oundle Library in October 2022?

10th October 12pm – 4pm, Fostering Information Session, Children's Trust, Drop In
11th October 9.30am – 12pm, NHFT Maternal Mental Health Service Information, Drop In
12th October 9.30am – 10.30am, Family History Helpdesk, Free, Drop In
12th October 6pm, The Korean War: A Forgotten Conflict, U3A Talk, FOOL, cost £6
13th October 10am – 12pm, Northants Energy Saving Service, Drop In
15th October 11am – 1pm, Children's Craft with Family Learning, Free, Book
15th & 29th October 10am – 2pm, Saturday Play, All Ages, Free, Drop In
20th October 10am -12pm, Get Online Week Device Workshop, Free Advice, Book
22nd October 10.30am – 11.30am, Children's Halloween Craft, Free, All Ages, Book
26th October 2pm – 3pm, Children's Half Term Autumn Craft, Free, All Ages, Book

Please visit [Oundle Library | Facebook](#) to see what's on and to book your place email us on Oundle.library@northnorthants.gov.uk or call into the library and speak with us.

Wellingborough

Make Your Own Guy Competition

Remember Remember the 5th of November. It's time to Make Your Own Guy

Wellingborough Town Council are holding a competition to Make Your Own Guy to be in with a chance of winning a prize!!

We are looking for Guy's from schools, business's, charities, local organisations and community groups, families, or individuals. Guy's must be made from recycled material. All Guy's will be displayed in Wellingborough Library so you must be able to transport your Guy.

Guy's will be judged by members of the public and a judging panel from Saturday 29th October and the winner will be announced on Thursday 3rd November 2022.

To enter the competition please click the ticket button below and complete your details.

So, get your friends, colleagues, or family members together and get creating your Guy.

For more information, rules and to enter please visit [Make Your Own Guy | Wellingborough Town Council](#)

Armed Forces Community Hubs

The armed Forces Community Hubs provide a warm and welcoming place where members of the armed forces community – serving personnel, reservists, veterans, and their families can go to for support advice and comradeship. At the Masonic Hall, Mill Road Wellingborough, NN8 1PE

Wednesday 19th October and 23rd November from 1.00-3.00pm.

A range of organisations will at the hub such as Veterans Community Network, The Royal British Legion, Veterans UK, SSAFA, Department for Work and Pensions.

For more information, please contact Gordon Thomas the Armed Forces Community Hubs Facilitator 07741 684 647 or email Gordon.Thomas@westnorthants.gov.uk

Finedon Halloween Party

On Saturday 29th October from 2.00pm - 4.00pm at the Finedon Community Centre, 71 Wellingborough Road, Finedon, NN9 5LG.

Under 11's only, cost £2.50 per child and all children must be accompanied by an adult. Tickets must be purchased by 14th October by telephoning 07972 192266.

Spooky treats, disco, and games. Costumes encouraged.

Wellingborough Library and Welli Wombles Drawing Competition

Wellingborough Library and Welli Wombles have an exciting competition for children and young people!

Do you know a young person who enjoys creating art?

Whether drawing, painting, or working with mixed media this could be just perfect for them to design a poster to promote the importance of putting litter in the bin and getting involved in local litter picking.

Lots of exciting prizes are up for grabs for the most eye-catching posters! Posters should be no larger than A4 size and can be drawn, painted, collage or mixed media. Entries are invited for the following age categories:

Under 5's

5 – 10 years

11+ years

Closing date 5pm 15th October 2022 for more details and to obtain an entry form pop into Wellingborough library or email wellingborough.libraryplus@northnorthants.gov.uk

The Welli Wombles are being sponsored by @MickGeorgeGroup to run this competition



Strong Start Autumn Family Fun

A **free 1-hour** family fun and play based session for parents with children under 11 being held at Penrith Children's Centre, Penrith Drive, Wellingborough, NN8 3XL.

These are on Wednesday 26th October. First session starts at 9.30am and you can book by visiting [Wellingborough Autumn Family Fun Registration, Wed 26 Oct 2022 at 09:30 | Eventbrite](#) the second session starts at 11.00am and you can book by visiting [Wellingborough Autumn Family Fun Registration, Wed 26 Oct 2022 at 11:00 | Eventbrite](#)



Made with Many New Youth Art and Skills Project

Age 13 - 18? Join our new Youth Arts & Skills project starting on 12th October at St Marks Church Wellingborough. **This is Free**

The project is starting off by designing and painting a mural in Eastfield Park during October half term. We are looking for young people to join us on Wednesday evenings before the half term to design the mural with a local artist then help us to paint it in half term!

Then, after October half term, we'll continue to meet on Wednesday evenings where you can design and plan two more projects which you think will make a difference to the people and places of Wellingborough. These could be projects which improve your local environment, put on an event, do something to help other people in Wellingborough, whatever – you get to decide, and we have some funding to help you do it! At the same sessions we'll also develop skills and have a go at different art forms – whatever you are interested in – it could be Photography, Music, Theatre, Drawing, anything! No previous experience or anything like that is necessary – and you don't need to register – if you're interested, just drop in.

Sessions are currently planned up until the Christmas holidays and they will be continuing into 2023 and beyond.

For more information, please visit [Youth Arts & Skills - Made With Many](#)

Kettering



Adult Social Support Group for those with Autistic Spectrum Condition

Are you aged 16 and over? Would you like to meet other people with Autistic Spectrum Condition (ASC)? Would you like to be involved in social activities, personal development, and fun? Would you like to be involved in running of your own projects? If so, then please join our adult social support group in conjunction with our Spring Social Prescribers!

We will work with you to create a programme of activities and support that works for you. Come along on the first Friday of the month 10am – 12 midday at Montagu Street Children's Centre And the third Friday of the month 7.30pm – 9.30pm variable venues depending upon activity. For more information and registration please email diane@enfold.org.uk or call 07845905766

Kettering Social Support Group

If you have any questions or would like to come along contact diane@enfold.org.uk

If you have any ideas for activities – we would love to hear them!

21st October, Bowling, 7.30pm at New York Thunder Bowl, Rockingham Road, Kettering NN16 9AW
4th November First Aid by Wayne, 10am – 12 midday, Montagu Children's Centre, Kettering NN16 8RX
18th November, Games Night, 7.30pm, The Lawyer and the Nurse Café, The Yards, Market Street, Kettering NN16 0AH
2nd December, Christmas Crafts, 10am -12 midday, Montagu Children's Centre, Kettering NN16 8RX
16th December, Christmas Meal, 7.30pm, Venue to be confirmed!

Burton Latimer Community Library

Being Burton Wellbeing Café Timetable October 2022

The Café is open on Thursday's 5pm – 7pm. Call in anytime and stay as long as you like. Visitors/activities will start at 5pm

13th October Craft and Chat

20th October Bereavement Support with Kim

27th October Mind Drop In

From the 12th October we will be running Family Drop in from 9.45-10.45 and then Rhymetime from 11.00-11.30. Sessions need to be booked either by Facebook Messenger or calling 01604368150.

Also, the last Friday of each month is Foodie Friday a joint project Burton Latimer Community Library and Baptist Church, 4pm – 6pm in John Yeomans Hall. For more information, please visit [Burton Latimer Community Library | Facebook](#)



The Green Patch Green Influencer Project

Interested in the Environment? Aged 10-14 years. Come along to a Green Influence Project. Sessions are held weekly at The Green Patch, Valley Walk, Kettering NN16 0LU on Thursday after school.

For more information and to book a space please contact Stacey on 07540 757656 or email Stacey.willis@groundwork.org.uk

Baby Rangers

Thursday's 9.30am – 11.30am, Kettering Venue TBC

Fun and creative sessions for new Parents with babies under 12 months, to explore and learn together. A start to your baby weaning journey with kit and baby goodies provided! Come along and join us for singing, stories, playing, crafts, exploring healthy foods and make new friends.

Booking is essential, for more information please contact Vicky Bowden on 07703 720652 or email vicky.bowden@groundwork.org.uk

This is being delivered in conjunction with Groundwork Northamptonshire, Mio Bambino and The Greenpatch.

Wellies in The Woods

Tuesday afternoons 1pm – 2.30pm, October 11th – 29th November in Kettering

This free 8 week family learning course is for pre-school children up to primary age – 18 months to 5 years of age. Activities vary each week and include bug hunting, natural crafts, games, den building and more! Parents and children can join us to explore, be creative and active in nature. Each session is based around some of the most popular children's story books!

Book now to secure your place please contact Polly Shackleton on 07936 941056 or email polly.shackleton@groundwork.org.uk

Big Chef Little Chef Family Cooking Club

Tuesday 3.30pm – 5pm at The Greenpatch, Valley Walk, Kettering NN16 0LU, 11th October – 6th December (no session during half term)

Fun and creative sessions for Parents and Children to explore food and cooking together.

There are limited places available so booking is essential, sibling groups welcome, parents must attend all sessions with their children.

For more information and to book your place please contact Lottie on email lottie.haden@groundwork.org.uk or call on 07468 425142/07860 845248

Free Rangers SEN Club

The Greenpatch, Valley Walk, Kettering NN16 0LU Spaces Available Autumn/Winter 2022!

For children aged 7 – 18 with mild to moderate needs cost is £4 – 15 per session
Activities include cooking, arts and crafts, outdoor play, animal handling and feeding.
After-School Club Wednesdays 3.30pm – 5.30pm
Saturday Sessions 9.30am – 12.30pm, 1.30pm – 4.30pm
Holiday Clubs 10am – 3pm in Half Term

Contact Vicky for more information and to book a place at the sessions please email
vicky.bowden@groundwork.org.uk

Corby

What's on at Corby Library in October 2022?

Free Saturday Family Activities

Saturday 15th October 10.30am – 11.30am, Room On The Broom Craft Session, Bookable
Saturday 22nd October, 10.30am – 11.30am, Saturday Drop In Craft, Drop In
Saturday 29th October, 10.30am – 11.30am, Halloween Craft Session, Bookable
Wednesday 26th October, 2pm – 3pm, Half Term Halloween Craft, Booking Required

These sessions are free and suitable for all ages, booking opens a week in advance of the session date.
For bookable sessions please speak with our Library Staff or contact us on [Corby Library | Facebook](#) or email Corby.libraryplus@northnorthants.gov.uk

Free Rangers SEN After School Club

Thursdays 3.30pm – 5.30pm at St Ninian's Church, Beanfield Avenue, Corby NN18 0AX

Spaces Available Autumn/Winter 2022!

For children aged 7 – 18 with mild to moderate needs cost is £4

Activities include cooking, arts and crafts, board games, table tennis and other activities!

Contact Vicky for more information and to book a place at the sessions please email
vicky.bowden@groundwork.org.uk

October Half Term Monday 24th October – Friday 28th October – What's On?

Lodge Park Sports Centre (LPSC)

Indoor 5-a-side or Astro Turf Football, Monday - Friday 07.30am - 4.30pm, cost is £10.50 per hour. To book call Lodge Park Sports Centre on 01536 400033.

Table Tennis, Badminton, Short Tennis, Monday - Friday 07.30am—5.00pm. Come and play for £5 per court per hour (excluding equipment hire).

Teenfit sessions available at our gyms, Monday 24th October 1–2pm at Corby East Midlands International Pool (CEMIP)

Tuesday 25th October 10:30 – 11:30am at CEMIP

Wednesday 26th October 1–2pm at LPSC

Thursday 27th October 11–12pm at CEMIP Friday

28th October 11–12pm at CEMIP. For more information [Exercise for Teens & Children | Corby Leisure](#)

Tots and Tiddlers— Join us for Tots and Tiddlers preschool play sessions every Thursday at Lodge Park Sports Centre. These are soft play sessions for crawling to preschool age children. 10am to 11.30am
£2.50 per child

West Glebe Pavilion and Park

Pay and Play Astro Turf

Monday 1.30pm - 3.30pm

Tuesday 1pm - 3pm

Wednesday 1pm - 3pm

Thursday 1pm - 4pm

Friday 11.00am - 3pm

Multiuse Games Area—Free basketball and tennis - just turn up and play

Table Tennis—Outdoor table available free of charge. Bring our own equipment also available from the pavilion with a £5 deposit.

Corby East Midlands Pool

Family Fun Float sessions; 09:00am-10:30am (Tue/Wed/Fri), diving end of main pool 1metre deep.
Normal Swim prices apply

Surf “n” Turf; Thursday 27th October, 11:30am-13:30pm. £7 per person, must be aged 8-12yrs old.

Supervised Diving Session; Mon/Tues/Thurs/Fri, 15:00-15:55pm.

Individuals must be aged 6yrs or above to take part in the session, please note; children aged 6-7yrs old must be accompanied by an adult over the age of 18yrs on poolside at all times during the session

Disability and Additional Needs Swim Session: Takes place in our 20m pool (1metre in depth) 12:00-13:00pm Monday-Friday. Hoist available and additional access stairs. Normal swim prices apply.

Booking in advance is recommended, all sessions can be booked up to a week in advance at reception. If you have already registered with us and have your online PIN number, you can book online by visiting [Home | Corby Leisure | Gyms | Swimming | Sports](#)

Corby Heritage Centre Make a hanging Spider or Bat decoration—Thursday 27th & Friday 28th, 13.00-15.00pm 4- 11 years, all children must be accompanied by an adult or carer. £3.50 per child, booking essential. 01536 464284/07500 066319.

Splash Leisure Pool Inclusive Holiday Swim - Tuesday 10.00-11.00am £3, carers go FREE

Dinosaur Safari Have you tried the Love Exploring Dinosaur Safari Trail at West Glebe Pavilion and East Carlton Countryside Park? Download the free app by visiting [Love Exploring - Love Exploring](#) and follow the map around the parks to find the dinosaurs. Test your knowledge as you go!

Corby Heritage Trails We have 5 Corby Heritage cycling & walking trails, download the free Love Exploring App by visiting [Love Exploring - Love Exploring](#) to give them a go. The way finders & lecterns that you may have seen around Corby help guide the way, to learn about the trails please visit [Corby Heritage Trail | Corby Leisure](#)

East Carlton Countryside Park Visit for a walk with family and friends over the half term break. Free parking!! Café and toilets open each day from 10am – 3.30pm. Find out about the other country parks in the North of the county via Facebook by visiting [North Northants Country Parks | Facebook](#)

Halloween Street Food: East Carlton Countryside Park, Saturday 29th October 16.30pm-21.00pm. Expect more amazing street food, creepy cocktails, spooky games, enter our fancy-dress competition or just chill in the park and enjoy some family fun.

Boating Lake North Northamptonshire Council Corby Bonfire Night: Friday 4th November, Boating Lake, Cottingham Road, Corby, Bonfire being lit at 7pm, Fireworks start at 7.30pm.

Kingswood Neighbourhood Centre and Cafe

Alberta Close Corby, NN18 9HU

Monday Kids Club for 4-12 year old's £5 per child from 4.30-6.00pm including a cooked meal served between 4.30-5.00pm or £3 per child to attend from 5.00pm-6.00pm.

Halloween Disco 26th October 1.00pm-3.00pm. Tickets on sale from Monday 3rd October in Cafe. Tickets price is £1.00 per ticket. This event is a popular event and tickets go fast. Please purchase them asap to avoid disappointment.

Just Party Entertainer's will be here to entertain the children for 2 hours of spooky fun, competitions, and prizes. Refreshments will be on sale.

Save the date Sunday 13th November from 10.00am-12.00pm Corby Mum 2 Mum **Baby and Children's nearly new market**. Everyone welcome.

For more information on any of these activities please contact 01536 743854 or checkout our Facebook Page by visiting [Kingswood Neighbourhood Centre & Cafe | Facebook](#)



Halloween Ghost Train Rides

Corby and District Model Railway Society are pleased to announce they will be running their Halloween ghosts train again this year. Train rides cost £1 per person and gates open from 6.00-8.00pm on Thursday 27th October, Saturday 29th October, and Monday 31st October.

We are based on Quarry Road, off Kelvin Grove, Corby, NN17 1AZ. There will be refreshments available to purchase and parking is at the public car park by the pavilion on Cottingham Road.

For more information please email corbyanddistrictmrs@gmail.com or by visiting [Corby and District Model Railway Society | Facebook](#)

Declaration

The Community Connector newsletter advertises products and services (or provides third party information regarding products and services) without representation or endorsement for their quality or suitability. Any queries about events or organisations should be made to the organisation directly.