

Our Lady's Catholic Primary School



The Wellbeing Champions are pupils who have shown a real interest in championing positive mental health and wellbeing. They have been elected by their class to be part of this very important group and they work hard, alongside adults in school, to ensure we do our very best.

As Wellbeing Champions we promise:

- To spread happiness and peace throughout the school
- To welcome new children and staff to the school
- To be kind, caring and helpful towards others
- To always treat others as you would like to be treated yourself
- To promote and put into place the 'Five Ways to Wellbeing' (Connect, Take Notice, Give, Keep Learning and Be Active)
- To always follow God's Word